DERBY ELEMENTARY CLASSIC: Meet 1

Sponsored by Assumption High School, Louisville, KY

Friday, March 22, at the Assumption Green

MEET LOCATION: the Assumption HS track facility, the "Assumption Green", is located at 4500 Champions Trace Ln, by Newburg Rd and just south of the I-264.

Coaches are responsible for reading the meet literature in its entirety.

This meet is open to K-2 athletes who may compete as individuals, compete as a member of a club team, or compete as a member of a school team. This meet will have 1 division.

ENTRY FEES:

Entry fees (may be paid in advance or at the meet):
\$25 for each Boys team (or \$5 per boy for teams entering less than 5 boys)
\$25 for each Girls team (or \$5 per girl for teams entering less than 5 girls)
These are overall team fees, not a fee per each boys or girls division entered
The maximum overall fee any school/club will pay is \$50 (1 boys team + 1 girls team)

Mail checks, made out to Assumption High School, to:

Attn: Coach Barry Haworth Assumption High School Athletics 2170 Tyler Lane Louisville, KY 40205

ENTRY DEADLINE: entries must be submitted by Tuesday, March 19 at 9pm

LATE ENTRY FEES: we will add a \$25 late charge (per team) if entry fees are not paid by March 31. *If payment is not received in a timely manner after March 31, then your team will not be allowed to participate in future meets.*

AWARDS: We will be awarding ribbons to the top 8 finishers in each heat, and ribbons that say "top finisher" to any child in a heat with more than 8 finishers.

ADMISSION: at this point in time, the plan is to charge a \$5 admission fee at the gate for all spectators and nonparticipants (elementary age and younger children are free)

CONCESSIONS: concessions will be sold at the meet by the Assumption HS Cross Country team. They would appreciate your patronage.

QUESTIONS: may be submitted via email (only) to Barry Haworth at *bmhaworth@louisville.edu Due to the size of this meet, we can only answer questions via email.*

MEET EVENT SCHEDULE

Facility doors open – 3:30pm Coaches Meeting – 4:45pm Running and Field events begin at 5:00pm

Running events: Girls, then Boys

Field events:

(K): 60m dash (1st): 60m dash (2nd): 60m dash Boys Long Jump (pit 1) Girls Long Jump (pit 2) Long Jump: Girls and Boys in separate pits

(K): 400m dash (1st): 400m dash (2nd): 400m dash

(K): 800m run (1st): 800m run (2nd): 800m run

(K): 200m dash (1st): 200m dash (2nd): 200m dash

Note: we will have "calls" for each event at the event itself, but we will need coaches to help with herding their kids into position so that we can get them into the proper heat.

The process for running events will work like this:

- 1. We will call athletes to the starting line area for their event
 - Girls first, then boys
- 2. We will divide each group of athletes into groups, according to grade level
 - Kindergarten girls
 - First grade girls
 - Second grade girls

As we complete all of the girls races, we will begin the same process with the boys.

- 3. Athletes will be placed in heats and positioned so that they can be moved to the starting line when their race is ready to go
- 4. We'll line everyone up on the starting line, provide last minute instructions, the starter will proceed through the commands (i.e. on your mark, set) and then fire the gun to start the event.

SUBMITTING ENTRIES:

ENTRY SUBMISSION: all entries must be submitted through Athletic.net (link below)

• Entry link: <u>https://www.athletic.net/TrackAndField/meet/522999/info</u>

Note that if this is the first time you have used Athletic.net to submit entries to a meet - in order to submit entries through Athletic.net, it is necessary to first create a (free) Athletic.net account for your team. If you have questions regarding how to set up an account, then feel free to contact meet director Barry Haworth via email at bmhaworth@louisville.edu

ENTRY DEADLINE: the **entry deadline is 9:00pm on Tuesday, March 19** – this is a firm deadline, and so we cannot accept any entries once this deadline passes. If the meet reaches capacity prior to the entry deadline, then we reserve the right to close entries before that deadline. If the meet does close early, then we will place remaining teams on a waiting list and invite their entry into the meet if space becomes available.

ENTRIES: teams may submit unlimited entries within each event. Note that all athletes on your roster must include a **name**, **grade** and **gender**. *If it's possible to include a seed performance, then that would be a great addition.*

Only athletes who've been entered in the meet will receive a competitor number, and only athletes with competitor numbers will be allowed to compete.

RECOMMENDED ENTRY PROCESS: We ask that coaches submit entries that are as close to what will occur on race day as possible. E.g., please do not enter all of your athletes in just one event, knowing that they will compete in other events as well.

If you forget to enter an athlete in a particular event, we will still allow that athlete to be added (on race day) to other events – again, assuming that the athlete has been previously entered in at least one event and already has a competitor number. There is no formal (race day) addition process - any athlete being added on race day only needs to report to the start of their event.

RULES OF COMPETITION:

1. Running events will follow a rolling event schedule that is subject to change if weather conditions dictate.

2. Coaches should ensure that the competitor numbers worn by their athletes match the athlete's assigned competitor number. Athletes wearing another athlete's competitor number is subject to disqualification.

3. Long jumpers will receive 3 attempts. Long jump will be conducted cafeteria style/open pit, rather than in flights. We ask that coaches monitor their athletes to ensure that they get in only 3 attempts, and that athletes compete within the allotted time window. We will explain this process at the Coaches Meeting.

4. **60m dash:** we are running athletes in the 60m dash, rather than 100m dash – given our experience with younger kids getting confused over the lane lines in that segment of the track.

5. **200m and 400m:** we will utilize a waterfall start in these events. Please explain this to your athletes prior to the meet.

6. Athletes must report to their event when calls are made, and they will then be assigned to a heat/section at check-in.

7. <u>Restricted areas</u> (athletes, parents, spectators and coaches must stay out of these areas):

- The pole vault pits, long jump pits and high jump pits are restricted areas.
- The finish line area is a restricted area.
- The timer's camera area is a restricted area.

8. Team Camps may be set up in the area between the softball field and track stadium bleachers.

9. No food or drinks will be allowed inside the fenced competition area. Coaches and parents are encouraged to help us enforce this rule.

10. We ask athletes, coaches and spectators to properly dispose of their trash and to clean up their area after the meet. Athletes, coaches and spectators should not bring gum into the complex.

We are asking that **only coaches** enter inside the fence/gate surrounding the track, and that parents and spectators remain outside the fence/gate surrounding the track.

It is very important that coaches assist us in keeping their athletes, parents and spectators out of our restricted areas. The continuation of this meet will be conditional upon people abiding by this request. I.e., if people begin entering restricted areas, then we will consider stopping the meet.